

# Response



*Providing Hope & Healing Since 1980*

**Purpose: To help survivors of sexual and domestic violence through outreach, advocacy, education and supportive services**

## RESILIENCE THROUGH HOPE

### A MESSAGE FROM THE EXECUTIVE DIRECTOR

As an advocate for sexual and domestic violence survivors, the most common response I hear from people after I tell them what I do for a living is, “oh, that must be so hard, I bet you see/hear a lot of awful things.” They are not wrong. I do see and hear a lot of awful things. But I also get to bear witness to the magic of human resilience, and it is a beautiful thing.

So many survivors put on a brave face while dealing with tremendous trauma in their personal lives. A lot of times there is a level of acceptance, and they begin to resign themselves to a life of fear and coping strategies that are often unhealthy. It is incredible what the human spirit can endure. But resiliency is something more. It begins with that first step of reaching out. When a survivor asks for help from our agency, friends and family, law enforcement, social services, their doctor, or a trusted member of their church, we begin to see a spark of hope. When nurtured, that spark of hope allows a survivor to see a way forward.

We feel so fortunate that in doing our work we get to help people find hope. It doesn't often come quickly and there are often roadblocks along the way, but we are fortunate to have a community of trauma-informed service providers and generous individuals to help our survivors navigate those roadblocks.

Connecting to an advocacy organization like ours is a key step in building resilience and can offset the risks associated with the trauma a survivor has endured. If you know someone who is a survivor of domestic or sexual violence who could use a spark of hope, please let them know that we are here, 24/7, ready to help them find it.

## WHAT'S INSIDE

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## OUR BOARD

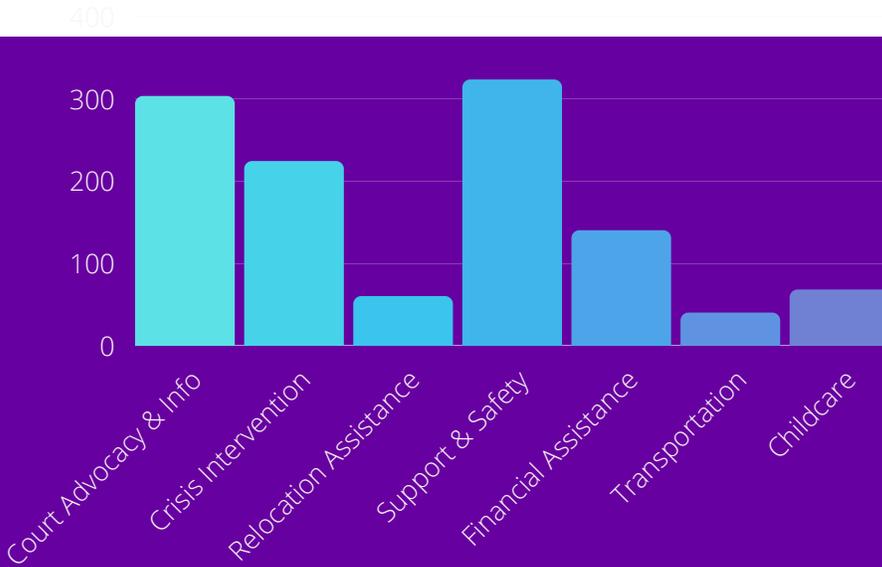
**President:** Judy Beavers  
**Vice-President:** Rhonda Lively  
**Treasurer:** Ardie Wykoff  
**Secretary:** Marsha Cooper  
**Board Members:**  
 Billy Allen  
 Timothy Carter  
 John Coffman  
 Robin Ferree  
 Whitney Mauck  
 Gaye Naramore  
 Brenda Rosenberger  
 Rebecca Wood

## MEET THE TEAM



## OUR STAFF

**Executive Director:** Beth Ogle  
**Program Director:** Sabrina Shirkey  
**Shelter Services:** Stephanie Good  
**Sexual & Domestic Violence Services:** Sarah Hulver  
**Children & Youth:** Jenna Bradley  
**Court & Community:** Kylie Stottlemeyer  
**Volunteer & Outreach:** Lynn McKee  
**Shelter Supervisors:**  
 Vivian Rinker  
 Barbara Copp



**SERVICES PROVIDED**

**HOTLINE CALLS**  
**484**

**NEW CLIENTS**  
**104**

## DYNAMICS OF ABUSE

Anyone can be a victim of domestic violence. There is no "typical victim." Victims of domestic violence come from all walks of life, all age groups, all backgrounds, all communities, all education levels, all economic levels, all cultures, all ethnicities, all religions, all abilities, and all lifestyles.

Victims of domestic violence do not bring violence upon themselves, they do not always lack self-confidence, nor are they just as abusive as the abuser. Violence in relationships occurs when one person feels entitled to power and control over their partner and chooses to use abuse to gain and maintain that control. In relationships where domestic violence exists, violence is not equal, even if the victim fights back or instigates violence in an effort to diffuse a situation. There is always one person who is the primary, constant source of power, control, and abuse in the relationship.

For more information on the Dynamics of Abuse please visit the National Coalition Against Domestic Violence Website at <https://ncadv.org> for more information on abuse and the ranging dynamics of it.

# BULLYING

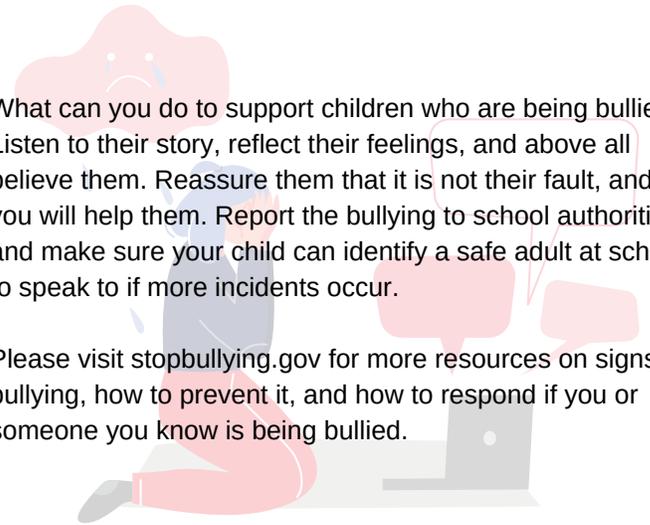
## HOW IT CAN IMPACT YOUR CHILD

As students return to school, they are faced with many challenging situations, one of which may be bullying.

We hear a lot about this topic, and no doubt you are already familiar with the different types: physical, verbal, relational, and cyberbullying. Children might experience a variety of feelings when they are being bullied. They may feel fear of the bully, as well as being afraid of retaliation and increased harassment if they tell an adult. Their self-esteem can drop, their anxiety may increase, and they might begin to report various physical ailments such as stomach aches or headaches.

What can you do to support children who are being bullied? Listen to their story, reflect their feelings, and above all believe them. Reassure them that it is not their fault, and that you will help them. Report the bullying to school authorities, and make sure your child can identify a safe adult at school to speak to if more incidents occur.

Please visit [stopbullying.gov](http://stopbullying.gov) for more resources on signs of bullying, how to prevent it, and how to respond if you or someone you know is being bullied.



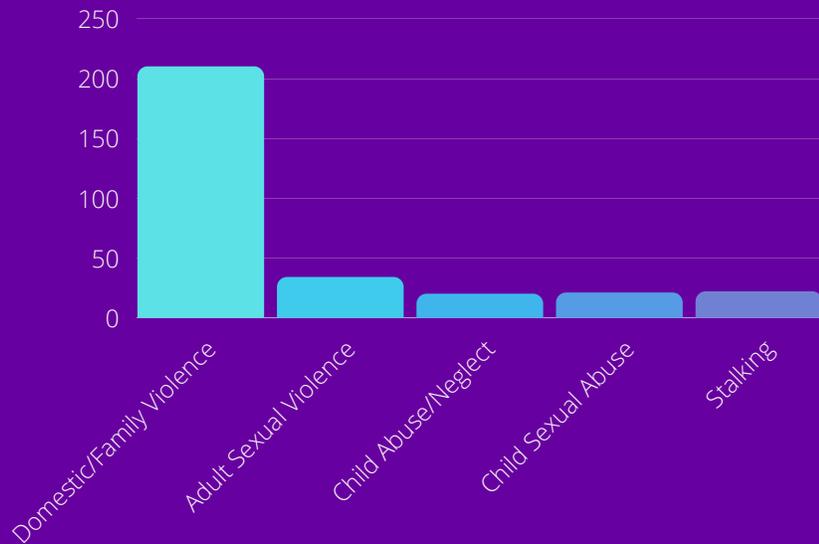
### DOMESTIC VIOLENCE SERVICES

# 210

### SEXUAL ASSAULT SERVICES

# 55

## VIOLENCE EXPERIENCED



Response Services Report  
07/01/20 - 06/30/21

# ANNUAL SPRING FASHION SHOW

What a wonderful time we all had at our 20th Annual Spring Fashion Show! It was good timing as Covid restrictions were just lifting and folks were ready to get out and have some fun! Our models were all good sports and knew how to play to the crowd, all while looking awesome in outfits of their choosing. Our guests enjoyed light refreshments, door prizes, raffle baskets and lots of laughter throughout the afternoon. Many thanks to all who helped to organize, promote, set up, and assist at the show—we really do have the best community of supporters!



# UPCOMING EVENTS

MARK YOUR CALENDARS!

## October

### Domestic Violence Awareness Month (Oct. 1—Oct. 31)

This October, in honor of Domestic Violence Awareness Month, Response will host a 5K at the County Park (Saturday, Oct. 2) and candlelight walks throughout the county to honor survivors and victims of domestic violence.

## November

### Giving Tuesday (Nov. 30)

Celebrate Giving Tuesday by making a charitable donation to Response! Stay tuned to our social media pages during the month of November to see how you can contribute.

## CANDLELIGHT WALK DATES

Monday, Oct. 4, @ 7:00 pm  
Meet at Strasburg Town Hall

Monday, Oct. 11, @ 7:00 pm  
Meet at Historic Courthouse in Woodstock

Monday, Oct. 18, @ 7:00 pm  
Meet at Mt. Jackson Town Hall

Monday, Oct. 25, @ 7:00 pm  
Meet at New Market Town Hall

# ADOPT-A-FAMILY

Christmas is right around the corner. At Response, we want to make this holiday a happy occasion for the clients that we serve. You can help us by volunteering to adopt a family and bringing the Christmas spirit to them. This can be done individually, or perhaps through an organization you belong to. We will provide you with a list of gifts from a client's family and you can choose the items you will purchase for each member of that family. You can choose to purchase all the items requested or only a few. We will then distribute the presents and see that your adopted family enjoys a Merry Christmas! Through generous individuals and organizations in our community, Response was able to help 22 families last holiday season.

If you would like to volunteer to adopt a family, please contact Jenna Bradley, Children and Youth Services Coordinator, at (540) 459-5599 or by email at [jennab@responseva.org](mailto:jennab@responseva.org). She will provide you with a list of items for client families and the date that items should be turned into Response.

Help us to make this a joyous holiday season for those who are less fortunate. Many blessings to you, and may you have a blessed holiday season!

Response 



# CELEBRATION OF HOPE 5K RUN/WALK

Saturday, Oct. 2, 2021 @ The Shenandoah County Park  
Race Start Time: 9am (check-in: 8:15-8:45)

Early Bird Registration - Adult Ticket: \$35; Youth Ticket (12 & under): \$25  
\*Rate available until 4:00pm, Friday, Sept. 3rd.

Regular Registration - Adult Ticket: \$45; Youth Ticket (12 & under): \$35  
\*Rate available until 4:00pm, Friday, Oct. 1.

Day-of registration is \$50 for all participants.

Organized Teams of 10 are \$350 (2 additional tickets included in price).

All participants who register by Sept. 10th, will receive a race t-shirt.

FOR REGISTRATION AND EVENT DETAILS  
VISIT: [WWW.RESPONSEVA.ORG](http://WWW.RESPONSEVA.ORG)

Sponsorships available.  
Call Stephanie Good at 540-459-5599 for details.



# ESTADÍSTICAS NACIONALES DE VIOLENCIA DOMÉSTICA Y ASALTO SEXUAL

“ En un día normal, la línea nacional de asistencia por violencia doméstica recibe unas 20.800 llamadas, aproximadamente. ”



1 de cada 3 mujeres y 1 de cada 4 hombres han sido víctimas de abuso físico por parte de su pareja.



El 19% de los casos de violencia doméstica entre parejas implica un arma.

## RED FLAGS OF ELDER ABUSE



Our communities are the structures that support people's safety and wellbeing. One of the most important ways we can all contribute to the strength of these structures is by looking out for warning signs of maltreatment of our older citizens. Does an elderly person in your life display any of these signs of abuse? If so, **TAKE ACTION IMMEDIATELY** by contacting your local Adult protective Services office. Everyone, at every age, deserves justice. This information has been adapted from the National Center on Elder Abuse.

### Financial

- Unpaid bills
- Unusual changes in bank account or money management
- Unusual or sudden changes in will or other financial documents
- Fraudulent signatures on financial documents

### Emotional & Behavioral

- Unusual changes in sleep or eating habits
- Fear or anxiety
- Depression
- Agitated behavior
- Lack of responsiveness

### Physical

- Untreated bed sores
- Broken bones, bruises, and welts
- Cuts, sores or burns
- Over- or under-medicated
- Poor living conditions
- Lack of medical aids and needs

# VIOLENCE JUST AS PREVALENT IN LGBTQ RELATIONSHIPS

## KNOW THE FACTS

You often hear of domestic violence as it occurs in a heterosexual relationship, but statistics show that abuse occurs with the same frequency and severity among the lesbian, gay, bisexual, transgender and questioning (LGBTQ) communities.

According to the National Coalition Against Domestic Violence, two out of every five gay and bisexual men experience abusive partner relationships, comparable to the number of heterosexual women who endure domestic violence. The Coalition also found that 50 percent of lesbian women have experienced or will experience domestic violence in their lifetime. In a survey of one year's time, 44 percent of victims of LBGTQ domestic violence identified as men while 36 percent identified as women.

Unfortunately, violence in LGBTQ relationships is immensely underreported, unacknowledged or reported as something other than domestic violence due to fear of retribution, lack of acceptance, or the fear of being "outed". Anna Marjavi, program manager with Futures Without Violence, a national nonprofit aimed at advocacy to end violence against women, says LGBTQ domestic violence survivors often encounter barriers to finding help. "They may not be in an 'out' relationship. Their partner may even be threatening to out them. In rural and smaller communities, there may not be LGBTQ-specific programs to help them."

Marjavi says that many LGBTQ individuals may also feel shame because their sexuality is not accepted or supported by the community. She says LGBTQ abuse survivors feeling this way should look outside their immediate area, town or community to find accepting programs around the country. You can search for programs serving the LBGTQ community using the advanced search page on [domesticshelters.org](http://domesticshelters.org). Or call the National Domestic Violence Hotline at 1-800-799-7233 for resources or for a listening ear.

"A lot of times, it's more about listening and breaking that sense of isolation that people feel. They should just know they're not alone. There's lots of people in similar situations," says Marjavi. Below, a few examples of LGBTQ-specific groups that survivors can reach out to:

- L.A. Gay & Lesbian Center
- Gay Men's Domestic Violence Project
- The Lesbian, Gay, Bisexual; Transgender Community Center (New York)

This article has been adapted from [DomesticShelters.org](http://DomesticShelters.org)

connect with us

 **540-459-5161**

 **[info@responseva.org](mailto:info@responseva.org)**



**Follow @responsedvsa on Instagram to see what we're up to!**



**Join Response, Inc. on Facebook for news and event/awareness updates.**



**Visit [www.responseva.org](http://www.responseva.org) to find helpful resources and ways to get involved or donate.**

**ALL SERVICES ARE FREE & CONFIDENTIAL & CAN BE ACCESSED 24-7.**



Response, Inc.  
P.O. BOX 287  
Woodstock, VA 22664

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# DONATIONS

THANK YOU FOR YOUR MONETARY AND IN-KIND DONATIONS FROM MAY 1ST 2021 TO JULY 31ST 2021

## Individuals

Joan Anderson  
Judy Beavers  
Susan Michie Bent  
Rhonda Buckley-Bishop  
William & Judith Buechner  
Elaine La Chappelle  
Barbara Copp  
John & Elizabeth Cottrell  
Larry & Sandi Crabill  
Kay Crawford  
Donna Devier  
Jeannette B. Dovel  
Frances Edwards  
Patricia Fadeley  
Lori Fadely  
Cheryl Lynn Felts  
Jason Ford  
Connie Fravel  
Patricia Fuchs  
Greyson Gardner  
Mary Gessner  
Jamee Hall & Kevin George  
Elizabeth Hart  
Grace Healey  
Cecil & Ella Heishman  
Donna Himelright  
Thomas & Linda Hodges  
Sharon Hoover  
Miriam M. Irvin  
Robin Jackson  
Phyllis S. James  
Matilda Kaufmann  
Kevin & Sharon Keller  
Lola Lane  
Doris Lineweaver  
Bob Lively  
Rhonda Lively  
Robert & Kathy Lively  
Margaret Lorenz  
Norman & Bette Mitchell  
John Modolo  
Gaye Naramore  
Beth Ogle  
Jason Pence

• Erika Rauhala  
• Brenda W. Rawlings  
• Shannon Roberts  
• Daniel & Brenda Rosenberger  
• Wayne Sager  
• Susan Schall  
• Robin Shrum  
• Mellanie Shipe  
• Jordan Simonson  
• Walter & Margaret Mary Smith  
• Billy & Sharon Smitherman  
• Pamela Spiggle  
• James & Kim Stevenson  
• Wayne Stickley  
• Joanne Summers  
• Charlotte Swuart  
• Charles Thomas & Rhonda Zingraff  
• Joy A. Walker  
• Carla Wallen  
• Jon & Karen Whetzel  
• Kay Witt  
• Becky Wood  
• Cindy Wright  
• Ardith Wykoff

## Businesses

• Edinburg Mill Restaurant  
• Fort Valley Nursery By Beaune Brothers  
• Lee's Auto Repair  
• Lee's Dump Trucking LLC  
• Main Street Teaze & Tweeze  
• On Second Thought  
• Ortt's Electric, Inc.  
• Rocky Ridge Creamery LLC  
• Strasburg Police Department  
• The Home Store  
• Town of Strasburg  
• Trex  
• Walmart  
• Woodstock Cafe

• Schools  
• Shenandoah County School Board  
• Strasburg High School

## Churches

• Dry Run Christian Church Ladies  
• Bible Study  
• First Baptist Church  
• Grace United Church of Christ  
• Lighthouse Marketplace Ministries  
• Mount Calvary U.C.C.  
• Mt. Olive Methodist Church Missions Committee  
• St. Mark's Lutheran Church  
• St. Paul's Lutheran Church – Jerome  
• Valley Gospel Church Home Mission  
• Valley Pike Church of the Brethren  
• Wakemans Grove Church of the Brethren  
• Wakemans Grove Peacemakers  
• Woodstock UMC

## Empowerment Partners (Formerly 100 Women Club)

• Patricia Albaugh  
• Joan M. Anderson  
• Bill & Judy Beavers  
• Carol V. Boyer  
• Rhonda Buckley  
• William & Judith Buechner  
• Elizabeth Butkus  
• David P. & Catherine Christovich  
• John & Elizabeth Cottrell  
• Christiana Crabill  
• Patrick Craig  
• Kay Crawford  
• Michael & Debra Davis  
• Javier & Ana Marie Echaniz  
• Gerald & Patricia Fisher  
• arian B. French  
• Robert & Robin Grubbs  
• Susan Harper  
• Doris Hepner  
• Lynn R. Holtzman  
• Robin Hottle  
• Marian B. French  
• Robin Grubbs  
• Susan Harper  
• Lee & Doris Hepner

• Lynn R. Holtzman  
• Lawrence & Robin Hottle  
• Joe & Robin Jackson  
• Cheryl Kerr  
• Janet Kilby  
• Barbara Kirkland  
• Denis & Pamuela Kitner  
• Carroll & Susan Koller  
• Russell & Sarah Kohrs  
• Cecella Latham  
• Christopher & Candice Lopresti  
• Jean Martin  
• Suzanne Montgomery  
• Mark & Sally Montrey  
• Betty Phillips  
• Michael Phillips  
• Joan Reistetter  
• Daniel & Brenda Rosenberger  
• Karl & Suzanne Roulston  
• Wilhelmina Santiful  
• Janet N. Sommerfeldt  
• Sheila Stevenson  
• Jeanne Teller  
• Margaret A. Trott  
• Jon & Karen Whetzel  
• Dollena Woodward  
• Ardith Wykoff  
• Marjorie Van Nest  
• Henry & Laura Zimmerman

• Organizations  
• Amazon Smile  
• Bryce Ladies Golf Tournament  
• F.O.E. Massanutten Aerie 4186  
• FOE New Market Auxiliary  
• Old Dominion 100 Mile Run  
• Shenandoah Community Foundation  
• Shenandoah County Board of Supervisors  
• The Blackbird Giving Fund  
• United Way Of Southwestern Pennsylvania